



O2 FITNESS TREE ON 3

SEPTEMBER



Day / Time	9:00	10:00	12:00	18:00 PM	19:00 PM	19:15 PM	20:00 PM
Mon	CORE ABS	YOGA 2	BOOT	RIP	Flow Yoga	SGT	STEP BEGIN
Tue	PILATES MAT	CORE ABS	YOGA 1	YOGA 2	ZUMBA		CORE ABS
Wed	BOOT	YOGA 2	CORE ABS	YOGILATES	RIP	SGT	GYM BALL
Thu	YOGA 2	BOOT	YOGA 1	STEP BEGIN	WAR		PILATES MAT
Fri	CORE ABS	YOGA 2	GYM BALL	YOGA 2	ZUMBA	SGT	MOVE BEGIN
Day / Time		11:00				18:00	
Sat		CORE ABS				YOGA 1	
Sun		WAR				BOOT	



O2 FITNESS TREE ON 3

SEPTEMBER TO 3 SEPTEMBER



Day / Time		9:00	10:00	12.00	18:00	19:00 PM	19:15PM	20:00 PM
Mon								
Tue								
Wed								
Thu								
1	Fri	ZOM CORE ABS	YOGA 2 KOOK	GYM BALL JAME	YOGA 2 KOY	ZUMBA JEANS	SGT MARK	MOVE BEGIN NOON
Day / Time			11.00				18:00	
2	Sat		ZOM CORE ABS				YOGA 1 ART	
3	Sun		WAR NOON				BOOT DEW	



O2 FITNESS TREE ON 3

SEPTEMBER TO 10 SEPTEMBER

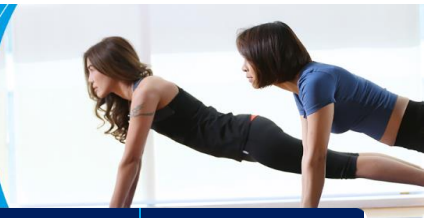


Day / Time		9:00	10:00	12.00	18:00 PM	19:00 PM	19:15 PM	20:00 PM
4	Mon	CORE ABS DEW	YOGA 2 KOOK	BOOT MARK	RIP ART	Flow Yoga KOOK	SGT ZOM	STEP BEGIN JOKE
5	Tue	PILATES MAT KOOK	CORE ABS MARK	YOGA 1 ART	YOGA 2 KOY	ZUMBA JEANS		CORE ABS DEW
6	Wed	BOOT JEANS	YOGA 2 KOOK	CORE ABS NOON	YOGILATES KOOK	RIP ZOM	SGT DEW	GYM BALL JOKE
7	Thu	YOGA 2 KOOK	BOOT MARK	YOGA 1 NOON	STEP BEGIN JAME	WAR DEW		PILATES MAT KOY
8	Fri	CORE ABS ZOM	YOGA 2 KOOK	GYM BALL JAME	YOGA 2 KOY	ZUMBA JEANS	SGT MARK	MOVE BEGIN JOKE
Day / Time			11.00				18:00	
9	Sat		CORE ABS ZOM				YOGA 1 ART	
10	Sun		WAR NOON				BOOT DEW	



O2 FITNESS TREE ON 3

SEPTEMBER TO 17 SEPTEMBER



Day / Time		9:00	10:00	12.00	18:00 PM	19:00 PM	19:15PM	20:00 PM
11	Mon	CORE ABS DEW	YOGA 2 KOOK	BOOT MARK	RIP ART	Flow Yoga KOOK	SGT ZOM	STEP BEGIN JAME
12	Tue	PILATES MAT KOOK	CORE ABS MARK	YOGA 1 ART	YOGA 2 KOY	ZUMBA JEANS		CORE ABS DEW
13	Wed	BOOT JEANS	YOGA 2 KOOK	CORE ABS ART	YOGILATES KOOK	RIP ZOM	SGT DEW	GYM BALL JOKE
14	Thu	YOGA 2 KOOK	BOOT MARK	YOGA 1 NOON	STEP BEGIN JAME	WAR DEW		PILATES MAT KOY
15	Fri	CORE ABS ZOM	YOGA 2 KOOK	GYM BALL JAME	YOGA 2 KOY	ZUMBA JEANS	SGT DEW	MOVE BEGIN NOON
Day / Time		11.00			18:00			
16	Sat		CORE ABS ZOM				CORE ABS JAME	
17	Sun		WAR NOON				BOOT DEW	



O2 FITNESS TREE ON 3

SEPTEMBER TO 24 SEPTEMBER



Day / Time		9:00	10:00	12:00	18:00	19:00PM	19:15PM	20:00 PM
18	Mon	CORE ABS DEW	YOGA 2 KOOK	BOOT MARK	RIP ART	Flow Yoga KOOK	SGT ZOM	STEP BEGIN JAME
19	Tue	PILATES MAT KOOK	CORE ABS MARK	YOGA 1 ART	YOGA 2 KOY	ZUMBA JEANS		CORE ABS DEW
20	Wed	BOOT JEANS	YOGA 2 KOOK	CORE ABS NOON	YOGILATES KOOK	RIP ZOM	SGT DEW	GYM BALL JOKE
21	Thu	YOGA 2 KOOK	BOOT MARK	YOGA 1 NOON	STEP BEGIN JAME	WAR DEW		PILATES MAT KOY
22	Fri	CORE ABS ZOM	YOGA 2 KOOK	GYM BALL JAME	YOGA 2 KOY	ZUMBA JEANS	SGT MARK	MOVE BEGIN NOON
Day / Time		11:00					18:00	
23	Sat		CORE ABS ZOM				YOGA 1 ART	
24	Sun		WAR NOON				BOOT DEW	

O2 FITNESS TREE ON 3

SEPTEMBER TO 30 SEPTEMBER



Day / Time		9:00	10:00	12.00	18:00	19:00 PM	19:15PM	20:00 PM
25	Mon	CORE ABS DEW	YOGA 2 KOOK	BOOT MARK	RIP ART	Flow Yoga KOOK	SGT ZOM	STEP BEGIN JAME
26	Tue	PILATES MAT KOOK	CORE ABS MARK	YOGA 1 ART	YOGA 2 KOY	ZUMBA JEANS		CORE ABS DEW
27	Wed	BOOT JEANS	YOGA 2 KOOK	CORE ABS NOON	YOGILATES KOOK	RIP ZOM	SGT DEW	GYM BALL JOKE
28	Thu	YOGA 2 KOOK	BOOT MARK	YOGA 1 NOON	STEP BEGIN JAME	WAR DEW		PILATES MAT KOY
29	Fri	CORE ABS ZOM	YOGA 2 KOOK	GYM BALL JAME	YOGA 2 KOY	ZUMBA JEANS	SGT MARK	MOVE BEGIN JOKE
Day / Time			11.00				18:00	
30	Sat		CORE ABS ZOM				YOGA 1 ART	